

## Minutes for the NT LMSC 2022 Annual Meeting Board Meeting

December 4, 2022 called to order at 3:40

### A. Roll Call.

**Officers Present:** Susan Hengstenberg (Chair), Jacky Merianos (Vice Chair), Cindy Myer (Membership), Mike Doyle (Treasurer), Lynn Morrison (Secretary), Vi Nguyen (Webmaster), Elaine Disney (Top Ten), Gilberto Junior (Coaches)

**Officers Not Present:** Alison Moore (Sanctions), Scott Jarvis (Open Water)

**Other:** Karen Sakalys COPS, Ginnie HOLmes O2, Tom Barton LSM, Deb Stewart Unat, Daniella DeVries Sigma, Katie Morgan UTA, Sandy Thatcher LSM

B. Reading, correction and adoption of minutes (July 31, 2022 minutes to be posted to website) - Approved

### C. Reports of the Officers.

Chair – Susan Hengstenberg

1. Report from Convention – Reached out to Teri White about upgrading NT Officials list
2. Other – Officials clinic

Vice Chair – Jacky Merianos

1. Report from Convention – prices for club and member registration will be increasing over the next two years (\$5 increase in 2023 and \$5 increase in 2024). E postal events changed to Virtual Events.
2. Other – working on Zone Meet

Secretary – Lynn Morrison - no report

Membership – Cindy Myer : North Texas 2023, 167 Members Registered

North Texas 2022, 1,190 Members Registered

North Texas Clubs: 14 for 2023, 16 for 2022

19 self-identified coaches for 2023, 179 self-identified coaches for 2022

Starting first quarter 2023, Individual GTD winners will receive dollar awards via Xtreme swim gift cards

Q3 Go the Distance Winners:

- Sharyl Griffith (PCAT): 1,214 miles
- Heather Frees (LSM): 724 miles
- Angelia Wu (PCAT): 639 miles

Treasurer – Michael Doyle – see attached Financial Statements

Sanctions – Alison Moore (not present) Lynn Morrison reports sanctions of two meets in NT- March 31 Zone meet and March 4 SCY at Garland ISD

Coaches – Gilberto Junior

Coaches need more support. Susan asked Junior to put together list of challenges and an Action Plan to send to Susan and Jacky for them to review.

Webmaster – Vi Nguyen

Nothing has been done to explore updating options for NT website.

Top Ten –Elaine Disney- LCM has been submitted

Open Water – Scott Jarvis (not present). Susan spoke with Scott and they are looking at late May for an event.

Newsletter – Jacky Merianos.

Deadline for information to be included in the next Newsletter is Saturday, December 10. NT had agreed to honor two coaches per year as outstanding in their field. The first was Karen Sakalys and Jacky announced our second coach for 2022 is Vi Nguyen.  
CONGRATS VI!

#### D. Reports of the Committees.

1. Officials – been working on Officials Clinic and how to grow numbers.
  - a. Officials shirts cost inventory – 45 shirts – given away about five.
2. Competition - March 4 meet – Hosted by NT LMSC and Pegasus Aquatics. Bobby Patten to be meet director. Lynn Morrison to get updated count of NT latex and silicon caps.

#### E. Unfinished business

1. Junior and Jacky to coordinate with Karen Sakalys and Ross Meyers to schedule NT coaches clinic to impart lessons learned from their attendance to the USMS coaches clinic in Oct. Clinic is to take place in first quarter 2023.
2. NTX Board visits to club coaches – wait on report from Junior
3. NTX website redesign – look to contract out – Vi will look at possibilities – and have goal to get it done by June 2023
4. Zones 2023 - Jacky is meet Director and is now working on planning and staffing for Zone Meet. Meet packet and sign up is on our Google Drive account. Jacky will host Zone planning committee meeting in Jan.
5. Coaches Certification and Clinic:
  - a. Bill Brenner and USMS Coaching Certification Clinic and Adult Learn to Swim is Coming to Dallas February 18-19. Jacky is coordinating with Dallas Y pools to host at no charge to LMSC.

F. New business.

1. 2023 Board Projects and Expectations – to be further discussed at next meeting
2. Susan has arranged to Set up Officials clinic (charging \$15 per registrant) with Teri White Friday Feb 17, from 4-9pm at YMCA. Susan will get info and sign up link to Jacky by Saturday Dec 10 to be included in Newsletter.
3. ASCA is coming to Dallas this year do we want to participate in any way? Susan asked Junior if there are ways our LMSC might be able to connect.
4. Prior to next meeting move forward to Change Bylaws to substitute the word “Membership” for “Registrar”.

H. Resolutions and Order.

**Motion by Jacky Merianos and seconded by Lynn Morrison:** NT LMSC will reimburse 50% of cost for the February 18, 2023 USMS Coaches Clinic ( $\$125 \times 50\% = \$62.50$ ) and/or Adult Learn to Swim clinic ( $\$250 \times 50\% = \$125$ ) for any NT LMSC member that provides proof of successfully completing course. In addition, attendee will agree to provide at least one hour of NT LMSC volunteer work (i.e. assisting at NT clinics, swim meets or other NT events or writing articles for NT Newsletter) before the end of 2023.

**Motion passed Dec 6 via email.**

**Motion by Jacky Merianos and seconded by Lynn Morrison** – Board will approve moving forward with officials clinic and covering Teri White expenses if there are at least five people signed up for clinic by Jan 18. **Motion passed.**

**ACTION ITEMS:**

1. Junior to put together list of challenges of NT masters coaches and an Action Plan to send to Susan and Jacky for them to review.
2. Junior and Jacky will coordinate the LMSC coaches clinic with Karen and Ross to be held the first quarter of 2023
3. Susan and Scott to provide details on Open Water event for late May by next meeting
4. Susan to provide Officials shirt count
5. Lynn to provide NT swim cap count
6. Susan to provide Officials Clinic information and sign up form to Jacky by Dec 10 to include in Newsletter
7. Vi to provide steps necessary to have an updated NT website operational by June 30.
8. Jacky will host Zone planning committee meeting in Jan.

I. Adjournment. 5:45pm